

Volunteer Opportunities – DC

When seeking a volunteer opportunity, keep in mind the following:

- The current needs of the organization and the experience that you would ideally like may not be a perfect match. Put the organization's needs ahead of your own, and when appropriate, pursue other options that may be a better fit.
- Some organizations are very organized about their volunteer opportunities. Some are less organized. Be flexible!
- Some opportunities will provide avenues for you to obtain direct clinical experience. Most will not, at least not right away. Keep in mind that any volunteer commitment over the long-term speaks volumes about your commitment to service and medical schools notice that. Also, remember that volunteer experience with an organization that provides health services may yield direct clinical experience down the road. Keep the long view in mind!

Alzheimer's Association

www.alz.org/nca

3701 Pender Dr.
Fairfax, VA 22030
703-359-4440

Description: Association provides quality information and support to those with Alzheimer's and other related disorders, their caregivers and those professionals who serve them.

Volunteer info [here](#).

Alzheimer's Family Day Center

www.Alzheimersfdc.org

2812 Old Lee Highway, Suite 210
Fairfax, VA 22031
703-204-4664

Description: AFDC is the only dementia-specific adult day center in the Washington, D.C. area. It is the first, and still the only center in Northern Virginia with programs for people in the later stages of an Alzheimer's illness.

Volunteer info [here](#).

American Red Cross

www.redcross.org/dc/washington

8550 Arlington Blvd.
Fairfax, VA 22031
703-584-8400

Description: The National Capital Chapter of the American Red Cross is a humanitarian organization that exists to help people prevent, prepare for and respond to emergencies, and to provide relief for the victims of disasters.

Volunteer Info [here](#).

Arlington Free Clinic

www.arlingtonfreeclinic.org

2921 11th St. South
Arlington, VA 22204
703-979-1425

Description:

The Arlington Free Clinic provides free, high-quality medical care to low-income, uninsured adults. Patients

have access to a full range of medical services that are provided on-site within their primary care setting.

Volunteer info [here](#).

Bread for the City Zacchaeus Medical Clinic

www.breadforthecity.org

Northwest Center: 1525 7th Street, NW, DC
202-265-2400
Southeast Center: 1649 Good Hope Rd. SE, DC
202-561-8587

Description: Medical and dental clinics offering needed assistance to low income individuals at no cost.

Volunteer info [here](#).

Capital Caring

www.capitalcaring.org

Locations in DC (50 F St. NW), Virginia, and Maryland
703-538-2065 (Headquarters)

Description: Capital Caring helps families and loved ones make the most of every moment together by offering coordinated care, comfort and dignity to those living with serious illness. They provide excellent pain relief and symptom management, emotional and spiritual support, and compassion to families across the region.

Volunteer info [here](#).

Catholic Charities, Archdiocese of Washington

www.catholiccharitiesdc.org

Multiple Locations and contact numbers

Description: Medical needs, mental health, and dental services. See a list of services [here](#).

Volunteer info [here](#).

Charlie's Place at St. Margaret's Episcopal Church

www.charliesplacedc.org

1830 Connecticut Avenue, NW
Washington, DC 20009
202-232-2995

Description: Charlie's Place serves homeless and underprivileged populations in the neighborhoods of Dupont Circle, Adams Morgan and Columbia Heights in

Washington DC. Of particular relevance is the fact that they offer HIV testing and counseling.

Volunteer info [here](#).

Christ House
www.christhouse.org
1717 Columbia Road, NW
Washington, DC 20009
202-328-1100

Description: Christ House provides comprehensive health care to sick, homeless men and women from the District of Columbia, and assists them in addressing critical issues to help break the cycle of homelessness.

Volunteer info [here](#).

La Clinica del Pueblo
www.lcdp.org
2831 Irving St. NW
Washington, DC 20009
202-462-4788

Description: La Clinica del Pueblo is non-profit, federally qualified health center that serves the Latino and immigrant populations of the Washington, DC metro area.

Volunteer info [here](#).

Columbia Road Health Services
www.crhs.org
1660 Columbia Road, NW
Washington, DC 20009
202-328-3717

Description: CRHS has provided comprehensive health care for the medically underserved residents of Washington, DC for over 30 years.

Volunteer info [here](#).

Community of Hope
www.communityofhopedc.org
(Health Center)
2250 Champlain St. NW
Washington, DC 20009
202-232-9022

(Family Health and Birth Center)
801 17th St. NE
Washington, DC 20002
202-398-5520

Description: Community of Hope provides quality, compassionate healthcare to patients regardless of their ability to pay. They provide a wide range of medical, dental, behavioral, and birthing services.

Volunteer info [here](#).

Food and Friends
www.foodandfriends.org
219 Riggs Road, NE
Washington, DC 20011
202-269-2277

Description: Food and Friends prepares and delivers meals and groceries for people living with HIV/AIDS, cancer and other life-changing illnesses, as well as provides nutrition counseling.

Volunteer info [here](#).

The HSC Health Care System
<http://www.hscpediatriccenter.org/home>
1731 Bunker Hill Rd. NE
Washington, DC 20017
202-832-4400

Description: As a community health provider, HSC Pediatric Center is committed to ensuring access to quality rehabilitative and specialty services to infants, children, and adolescents with special needs.

Volunteer info [here](#).

Mary's Center
www.maryscenter.org
233 Ontario Road, NW
Washington, DC 20009
202-483-8196

Description: Mary's Center, founded in 1988, is a Federally Qualified Health Center that provides health care (including dental), family literacy and social services to 24,000 individuals whose needs too often go unmet by the public and private systems.

Volunteer info [here](#).

Planned Parenthood
www.plannedparenthood.org
Downtown Center (others in DC, Maryland, and Virginia)
1108 16th Street, NW
Washington, DC 20036

Description: Planned Parenthood of Metropolitan Washington DC (PPMW) has been providing high-quality, affordable healthcare to women, men, and teens in the Metropolitan Washington DC area for more than 70 years.

Volunteer info [here](#).

The Washington Home & Community Hospices
www.thewashingtonhome.org
3720 Upton Street, NW
Washington, DC 20016
202-966-3720

Description: The Washington Home & Community Hospices has served DC's most vulnerable citizens: elderly, chronically, and terminally ill people. They help through providing rehabilitation unit services, long-term care, and hospice care.

Volunteer info [here](#).

Whitman Walker Clinic
www.whitman-walker.org
1701 14th St. NW
Washington, DC 20009
202-745-7000

Description: Whitman Walker Health seeks to be the highest quality, culturally competent community health center serving greater Washington's diverse urban community, including individuals who face barriers to accessing care, and with a special expertise in LGBT and HIV care.

Volunteer info [here](#).

Woodley House, Inc.
www.woodleyhouse.org
1408 North Capitol St. NW
Washington, DC 20002
202-290-1375

Description: Agency providing quality support services to the mentally ill who reside in community-based settings. Woodley House is also a support and self-help center for the homeless.

Volunteer Info: There is no volunteer information online, but those interested are encouraged to call Linda at 202-506-3102.