Is a post-bacc right for me?

That depends!
Post-baccs can be expensive and financial aid is often limited or not available at all, which is why you should do thorough research and meet with GW Pre-Health Advising to go over your options. But here are some common reasons students pursue post-bacc programs:

- Their undergrad GPA is not high enough
- They decided later during or after their undergrad career to pursue medicine and have not yet taken any of the prerequisites
- They’ve applied to medical schools but have not gotten in and want to boost their application in general

What are my options?

Most post-baccs fall into 2 categories:
- Post-Baccalaureate Certificate
- Special Master’s Program (SMP’s).

Depending on which of the aforementioned reasons apply to you as well as your academic record, resume, etc. will determine which post-bacc option is right for you.

Where should I start?

Begin by looking over the resources listed on the next page. Make an appointment with GW Pre-Health Advising and then begin making your list of post-baccs you’d like to apply to.

Post-Bacc Resources

AAMC

The AAMC has numerous articles on the topic of post-baccs including:
- Is a Post-Bacc Program Right for Me? Seven Benefits to Consider
- What It's Like to Do a Post-bacc Program
- And more!

More importantly, the AAMC’s post-bacc database makes searching through options a breeze!

AACOM

If your focus is more on DO (osteopathic) programs, AACOM has put together a list of post-bacc programs that take place at DO schools:
- Postbaccalaureate Premedical Programs

Postbaccprogramguide.com has a wealth of information on all things post-bacc including articles like these:
- Post-Bacc Pre-Med or Special Master’s Degree?
- What to Expect When Applying to a Post-Bacc
- A detailed FAQ page
- And more!
# Post-Bacc Worksheet

*Use these pages to keep track of the post-baccs you're considering applying to. Bring this with you to your next pre-health advising appointment!*

<table>
<thead>
<tr>
<th>NAME</th>
<th>ADMISSION REQUIREMENTS</th>
<th>CURRICULUM (# OF CREDITS &amp; LIST OF COURSES YOU'D TAKE)</th>
<th>SERVICES (EX.: ADVISING, CLINICAL, RESEARCH, ETC.)</th>
<th>LENGTH OF PROGRAM</th>
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